

Motility & Reproduction

- · Rhythms are ubiquitous in nature
- Sexual reproduction produces generations of offspring
- · Observations, more generally, are discrete in nature
- Can we revisit, reframe sequences in courses ?
 - o Difference Equations
 - Modeling



http://www.cco.caltech.edu/~brokawc/Demo1/BeadExpt.html courtesy of Charles Brokaw, Cal Tech

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Sleep Models

Timing of sleep & wake 2-Process Model (Borbely) Kronauer (circadian rhythm)

Thalamocortical sleep rhythms Biophysical models for thalamic and cortical cells Generation of EEG sleep-rhythms

Hypothalamic sleep/wake switch Interactions of sleep-promoting and wake promoting cell groups in hypothalamus & brainstem





Sleep Simulations on the Web

Simulating the Two-Process Sleep Model 🗧 🖸 ntp://math.jccc.net:8180/webMath 🎯 🕐 tica/JSP/mmartin/sleep.jsp 🔻 🕨 🐇 🔶 KC Star Wx NOAA 7-Day NOAA adlines 🔊 WeBWorK JCCC SBMC [subn MSRI - M*A*T*H: Ala... TV ABET PREP08 David B Storms Latest He Simulating the Two-Process Sleep Model by Mike Martin and David Terman This page allows you to vary parameters in the two-process sleep model. The equations are given by: $\begin{cases} d S_{r-1} & \text{during sleep with } d = e^{-\Delta t/\tau_a} \\ 1 - r (1 - S_{r-1}) & \text{during wake with } r = e^{-\Delta t/\tau_a} \end{cases}$ $S_{i} =$ $C(t) = A \Big(0.97 \sin \Big[\omega \big(t - t_o \big) \Big] + 0.22 \sin \Big[2 \omega \big(t - t_o \big) \Big] + 0.07 \sin \Big[3 \omega \big(t - t_o \big) \Big] + 0.03 \sin \Big[4 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] \Big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5 \omega \big(t - t_o \big) \Big] + 0.001 \sin \Big[5$ $\omega = \frac{2\pi}{\tau}$ $C_{noise}(t) = C(t) + n_i$ where $n_i = \frac{1}{2}(n_{i-1} + N \ rand_i)$ and *rand*, is a normal random variable with $\mu = 0$, $\sigma = 1$ Note: Sleep initiated if $S > H_m + C$ Wake initiated if $S < L_m + C$











































